

## Sunday Morning Al-Anon Meeting

Sunday, 11:00 AM

Washtenaw Alano Club, 995 North Maple Road, Ann Arbor, Michigan.

**Welcome** to the Sunday Morning Al-Anon meeting! We meet at 11:00 AM on Sunday, at the Washtenaw Alano Club, 995 North Maple Road, Ann Arbor, Michigan, in meeting room 2. The Washtenaw Alano Club is a clubhouse where 12 Step groups hold meetings and other functions. There is handicap-accessible parking located in front of the entrance, and the entrance and all rooms and the restroom are accessible by wheelchair. The Alano Club has beverages and snacks for sale, and Al-Anon and other 12 Step literature and meeting lists for sale. There is a concurrent A.A. meeting in another room of the Alano Club.

Our meeting has a Step study table and a regular table. At the Step study table, one Step is read and then discussed. At the regular discussion table, we read the Twelve Steps, and then a reading from "Courage To Change" becomes the basis of the discussion for that day. Newcomers are welcome, and a "first Step" meeting for beginners is held when newcomers attend. Our group has a phone list. We generally hold a group conscience every other month.

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