

T.G.I.F. Al-Anon Meeting

Friday, 7:00 PM

Washtenaw Alano Club, 995 North Maple Road, Ann Arbor, Michigan.

Welcome to the Friday T.G.I.F. Al-Anon meeting! We meet at 7:00 PM on Fridays, at the Washtenaw Alano Club, 995 North Maple Road, Ann Arbor, Michigan, in meeting room 1. The Washtenaw Alano Club is a clubhouse where 12 Step groups hold meetings and other functions. There is handicap-accessible parking located in front of the entrance, and the entrance and all rooms and the restroom are accessible by wheelchair. The Alano Club has beverages and snacks for sale, and Al-Anon and other 12 Step literature and meeting lists for sale. A 4th Step/10th Step AA meeting is also held at 7:30 pm at the Washtenaw Alano Club.

Our meeting is a Step discussion meeting. On the first week of each month we discuss the Step that coincides with the number of that month (e.g. Step 1 in January, Step 2 in February, etc.) We begin by reading about the Step from Al-Anon literature, and then follow the reading with discussion. We have one or two tables for discussion, depending on the number of people attending. We have a "Step 1" meeting for beginners when people new to Al-Anon attend our meeting. Our meeting has a phone list available. We encourage sponsorship. We hold a group conscience when we have group business to discuss.

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